



Chislehurst School for Girls

Outstanding International Link School

Ofsted 'Outstanding' Initial Teacher Training Lead School

"Aim Higher"

Headmistress: Mrs K. J. Raven B.A., M.A., NLE.

National Support School
designated by

National College for
Teaching & Leadership



14th January 2020

Dear Parent/Carer

Personal Development Curriculum

I am writing to inform you of the Personal, Social, Health and Economic (PSHE) education provision for the year to come.

It is important that our PSHE curriculum prepares young people for their personal, social and economic development to ensure they are equipped for life beyond Chislehurst School. In addition to this, my role encompasses the areas of RSE (Relationship and Sex Education) and Health Education. In order to assist with this provision, I will be working closely with Mrs Shimmin (Director of Studies KS3) and Ms Singer (Director of Studies KS4) and Ms Davis (Director of Sixth Form), who will coordinate the Personal Development programme in their Key Stage.

As you may be aware, from September 2020, Relationships, Sex and Health Education (RSHE) provision will become statutory for all schools. In redesigning the current Programme of Study, I have included elements of this provision in the 2019-2020 Curriculum.

In order to facilitate a comprehensive and tailored system to our students, we have carried out Student Voice, involving focus groups of students who were able to review and add their comments to the potential curriculum. In addition, we have consulted with the Guidance Team, to gain an understanding of any content that may be of use to their students, as well as speaking with outside agencies, to gain a further insight into key issues young people face.

As part of the programme, I would like to invite you to view the newly designed Personal Development provision that is currently on the school website. Here, you will be able to view the regulations surrounding the provision of this part of the curriculum, see the programme outline for each year group, as well as access guidance and advice on various parts of the curriculum, that you yourself may wish to know more about or want to seek further advice for.

In summary, areas of the PSHE curriculum your daughter will be studying across KS3-KS5 will include:

Challenging extremism and radicalisation, managing exam stress, perseverance, procrastination and time management, gang violence and county lines, physical and mental wellbeing, online profiles and activity and future careers, promoting self-esteem, skills for life-enterprising skills, preparing for the next stage and skills for life practice.

All of our provision will be inclusive of all of the protected characteristics of the 2010 Equality Act and may reference examples from each group to celebrate diversity and inclusion. The protected characteristics include age, sex, sexual orientation, gender reassignment, race, religion, marriage and civil partnership, disability, maternity and pregnancy.

In this way, we hope that you will feel empowered to pursue conversations at home with your daughter/son, so that students feel that they receive a wealth of information from all stakeholders in their life.



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Website: www.chislehurstschoolforgirls.co.uk

You do, however, have the right to withdraw your child up until three terms before their sixteenth birthday from Sex Education lessons. This means that all students at the start of Year 11 have the right to opt in themselves without parental consent and for some, this would have commenced during Year 10. However, please contact me if you wish to discuss any part of the curriculum, or if there is an area of PSHE you think should be included.

Should you have any further questions, suggestion or queries, please contact me via the school email address office@chsfg.co.uk.

In the meantime, thank you for your continued support of our Personal and Social Development Curriculum.

Yours sincerely

A handwritten signature in black ink, appearing to read 'A Hart', with a long horizontal flourish underneath.

Mrs A Hart
Assistant Headteacher

Ref: AHT/LM/K543