

## Chislehurst School PSHE Overview Yrs 7-13, 2019-2020

Year Group	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6	Additional e.g. Enhancement
7	<b>Transition</b> L1 Introduction to PSD L2 Transition to secondary (6& 2)	<b>Being Healthy</b> L1 Healthy me L2 Puberty (1, 3 & 7)	<b>Being Healthy</b> L3 Puberty- periods L4 Personal hygiene (1, 3 & 7)	<b>Being Healthy</b> L5 Body image and obesity L6 Energy drinks (1,2,3,4 & 7)	<b>Global Citizenship</b> L1 Global Citizenship L2 Plastic pollution L3 Ethical finance (5, 6 & 8)	<b>Global Citizenship</b> L4 Sending aid L5 Carbon footprint (5, 6 & 8)	Team Building (1,2,7 & 8)
8	<b>Future success</b> L1 Confidence & achievement L2 Communication (1 & 9)	<b>Future success</b> L3 SMART targets (COMP ROOM NEEDED) L4 Enterprise & entrepreneur (1 & 9)	<b>Crime and Society</b> L1 Criminal responsibility L2 Cyber Crime (1,2,3,4,6,7 & 8)	<b>Crime and Society</b> L3 County Lines L4 Consent (1,2,3,4,6,7 & 8)	<b>Crossing the line</b> L1 Cyberbullying L2 Sexting (1,2,3,4,6,7 & 8)	<b>Crossing the line</b> L3 Peer Pressure L4 Self Esteem (1,2,3,4,6,7 & 8)	Team Building Camp (1,2,7 & 8)
9	<b>Keeping healthy</b> L1 Smoking & vaping L2 Alcohol (3, 4 and 5)	<b>Keeping healthy</b> L3 Drug awareness L4 Cannabis, spice and shisha (3, 4 and 5)	<b>Mental Health</b> L1 Stress L2 Anxiety L3 Mental health (1,3, 4, 5 and 7)	<b>Mental Health</b> L4 body image L5 Self esteem (1,3, 4, 5 and 7)	<b>Risky Behaviour</b> L1 Personal Safety L2 Risk Taking (1,3, and 7)	<b>Human rights and respect</b> L1 Human rights L2 Respect (1,5,7 & 8)	Your Choice Your Voice (Keep Safe) Relationships and sex Forensics day (1,3,4,7 and 9)
10	<b>The British Political System and Democracy</b> L1 – House of Commons and Lords L2- Voting (6 & 7)	<b>The British Political System and Democracy</b> L1 – Laws L2 – Accountability of government (6, 7 & 8)	<b>Drugs</b> L1 – Drugs overview L2- Drugs and the Law (1, 3 & 4)	<b>Drugs</b> L1- Why people take drugs L2- Risks of Drug taking (1, 3, 4 & 7)	<b>Relationships and sex</b> L1 Domestic Violence L2 Sexual Violence (2, 3, 4, 6, 7 & 8)	<b>Knife Crime</b> L1 -Statistics L2 – Prevention (3 & 4)	Sue Graham Drugs speaker MP visit (3, 4, 6, 9)

11	<b>Careers and Curriculum Vitae</b> L1 – Ideal jobs L2 – CVs  (1 &9)	<b>Careers and Curriculum Vitae</b> L1 – CVs L2 – Interviews  (3 &4)	<b>Wellbeing</b> L1 – Relaxation techniques L2 – Relaxation techniques (1,3 &7)	<b>Exam Season Preparation</b> L1- Revision techniques L2 – Building a revision timetable (7 &9)			Underwater Love Performance – Sex Education  (1,2,3,4,6 &8)
12 (1) 2017/18	Advanced Study Skills  (1 &9)	Healthy Relationships  (1,2,3,6, 7 &8)	Time Management  (1&9)	Politics  (5, 6 & 8)	UCAS/Employment  (1 &9)	UCAS/Employment  (1 &9)	
12 (2) 2018/19	Wellbeing as a Sixth form student  (3 &7)	Best years of your life Driver Safety x 3 Christmas Quiz (1 &7)	Healthy Relationships Internet Safety Work Experience (1,2,3,4, 6, 7, 8 &9)	Money Skills  (1 &9)	UCAS/Employment  (1 &9)	UCAS/Employment  (1 &9)	
13 (1) 2017/18	UCAS & Employment  (1 &9)	UCAS & Employment  (1 &9)	Healthy relationships  (1,2,3,6, 7 &8)	Revision & examination preparation (1,3, 7 &9)	Revision & examination preparation  (1,3, 7 &9)		
13 (2) 2018/19	UCAS & Employment  (1 &9)	UCAS & Employment  (1 &9)	Healthy Relationships Internet Safety (1,2,3,4, 6, 7, &8)	Revision & examination preparation (1,3, 7 &9)	Revision & examination preparation  (1,3, 7 &9)		

Over-reaching concepts developed through the curriculum (coded links in blue).

1. **Identity** (their personal qualities, attitudes, skills, attributes and achievements and what influences these; understanding and maintaining boundaries around their personal privacy, including online)
2. **Relationships** (including different types and in different settings, including online)
3. A **healthy** (including physically, emotionally and socially), balanced **lifestyle** (including within relationships, work-life, exercise and rest, spending and saving and lifestyle choices)

4. **Risk** (identification, assessment and how to manage risk, rather than simply the avoidance of risk for self and others) and safety (including behaviour and strategies to employ in different settings, including online in an increasingly connected world)
5. **Diversity** and **equality** (in all its forms, with due regard to the protected characteristics set out in the Equality Act 2010)
6. **Rights** (including the notion of universal human rights), responsibilities (including fairness and justice) and consent (in different contexts)
7. **Change** (as something to be managed) and **resilience** (the skills, strategies and 'inner resources' we can draw on when faced with challenging change or circumstance)
8. **Power** (how it is used and encountered in a variety of contexts including online; how it manifests through behaviours including bullying, persuasion, coercion and how it can be challenged or managed through negotiation and 'win-win' outcomes)
9. **Careers** (including enterprise, employability and economic understanding)